

NOVEMBER 2025 MWSA MONTHLY EVENTS CALENDAR				Games/Services/Support Groups: \$3M/\$5 NM	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Alzheimer's Support: 3rd Tues, 10 am-12pm #227 Mahjong: Mon & Wed, 2:00- 4:15 PM. 227 Caregivers Support: 1st Tues,10:00 am-12 pm#227 2 ND Book Club: 3 RD Thursdays, 11 am, #224 NEW! Group Grief Counselling, 3 rd Thursday, 1:45 pm		Free Pet Therapy Wednesdays, 11 am Dominoes: Mondays @ 1pm, Café EUCHRE Game: Mondays, 2:00- 4:00 PM #225 New Members Connection:3 rd Tues, 2 PM. Café		Canasta: Thursdays, 12:30- 2:30 PM. #Cafe Cribbage: Thursdays, 12:00- 2:15 PM. 231 Open Art Studio: Fridays, 1:00- 4:00 PM. #225 Free Outreach: Wednesdays, 10 am-2 pm. #224	
***CHRISTMAS QUILT RAFFLE NOV 1-DEC 5, 2025. \$2/TICKET ***					1
3 SESSION II PROGRAMS START!	4	5	6 Medi Pedi Foot Care 9:30 am- 3:30 pm/#224	7	8
10	11 REMEMBRANCE DAY- MWSA CLOSED	12 Outing: Let's Eat Korean, 11:00 am-2:00	13	14 EPL: Smartphones & Tablets 10:30-11:30 am	15
17 COMEDY SHOW & DINNER 5:30-9:00 PM \$40 M/\$50 NM	18 2-Day Mosaics Glass Workshop, 11:30 am- 12:30 pm \$110 M/\$120 NM/Outing to Cow Patti Theatre w/SWESA (FULL)/New Members Connection, 2 pm	19	20 Outing: River Cree Casino 11 AM-3:30 PM \$10M/\$15NM Thursday Book Club II, 11 am (Full)	21	22
24 Monthly Birthday Party 1:30 Pm/Café	25 Mosaic Glass Workshop, Day 2, 11:30 am-12:30 pm DEADLINE TO ORDER PURDY'S CHOCOLATES FROZEN MEAL TASTING 3 pm/CAFE	26 Outing: Enjoy Centre (Salisbury Greenhouse, and more) 10:30 am- 2:30 pm	27 HOLIDAY COOKIE EXCHANGE 2:00-4:00 pm/Cafe	28 Liver & Onions Day EPL Learning: 10 am- 12 pm/#229	29
1/DECEMBER 2025	2	3	4 OUTING: Butterdome Craft Sale 10 am-2 pm	5 CHRISTMAS QUILT RAFFLE DRAW DATE	6
7	8	9	10	11	12 MWSA Christmas Dinner

Event Details (Registration required for all activities)

Every Wednesday, 10 am-2 pm **FREE OUTREACH SERVICES** provided by Newcomers Welcome Centre. Services covered: PR application, Citizenship Request an Expiration of PR Card Renewal, Lost Landing paper, Canadian Pension Plan (CPP), Old Age Security (OAS), Alberta Seniors Benefit (ASB) ,Senior Transit Fares (Bus Pass/Arc Card), Housing, Low income support food bank, Canada Pension Plan disability benefits (CPPDP), Employment Insurance (EI), Canadian Dental care plan, AISH Application./Rm 224.

Thursday, Nov 6, 9:30 am- 3:30 pm **Medi Pedi Foot Care Clinic** offers [Pedicure: \\$78.99. Manicure: \\$44.99. Mobile Pedicure costs: \\$99.99.](#) Please book your appointment at the front desk. [Room 224.](#)

Wednesday, Nov 12, 11 am- 2 pm **Outing: Let's Eat Korean!** Let's explore different cultures through food. We'll be traveling by ETS to have lunch at a local Korean restaurant, leaving MWSA about 11 am, and arriving back at MWSA at about 2:00 pm. For members who prefer to drive to the location, please include that info at the time of registration. [Cost: \\$5 M/\\$10 NM + cost of your lunch. The fee covers round trip ETS bus fares. Please sign up by Nov 7. Maximum: 15.](#)

Friday, Nov 14, 10:30 AM- 11:30 am **EPL E-Learning: Smartphones and Tablets Part I.** This is a class for those new to computers including English learners and seniors. Learn the basics of navigating your device, settings, and how to connect to wi-fi. Participants are recommended to bring their own device. [This is a free drop-in program. No need to register.](#)

Monday, Nov 17, 5:30-9:00 pm **MWSA Comedy Night & Dinner.** Entertainment by Atomic Improv. The entertainment is interactive, with the performers relying on audience participation and suggestions to create a show filled with fun and lots of laughs. Dinner menu: Chicken caprese, mashed potatoes and green beans, and a dessert course. Coffee, tea and water are included with the dinner. AdditionalThere will be a cash bar available, and a 50/50 raffle. [Tickets for dinner and show: \\$40 for MWSA members/\\$50 Non-members. Please include any dietary restrictions. Get your tickets by Nov 10.](#)

Tuesdays, Nov 18 & 25, 11:30 am-12:30 pm. 2-Day Mosaic Glass Workshop with Sharon. This fun workshop is open to all levels of skill. Over two sessions, you'll design [and](#) complete your own 6" x 6" porcelain tile mosaic. [On day 1](#), let your imagination guide you as you arrange colourful glass pieces into your unique design; sample ideas will be available if you need inspiration. [On day 2](#), you'll learn how to grout your piece and take it home to dry. Whether you're a beginner or looking to try something new, this relaxed and welcoming workshop offers a perfect hands-on introduction to mosaic art. [Cost: \\$110 M/ \\$120 NM \(All supplies included\). Room 225. Please register by Nov 13, 2025.](#)

Tuesday, Nov 18, 9:30 am-4:45 pm **Outing w/SWESA: Cow Patti Theatre in Lacombe- TRIP IS FULL.** MWSA members will be joining SWESA members on a bus trip to Lacombe, AB to enjoy a brunch and a show (Ethan Claymore's Christmas" by Norm Foster). The coach bus will depart MWSA around 9:35 am; and return around 4:45 pm.

Tuesday, Nov 18, 2:00 pm New Members Connection Event. Join us for coffee and cookies! This event is designed especially for you – our newest members – to connect, socialize, and learn about MWSA. Thank you for choosing to be a part of Mill Woods Seniors Association. Warm regards, Deb Cautley, Executive Director. **Free (by invitation only).** **Room: Café.**

Thursday, Nov 20, 11:00 am- 3:30 pm. Outing: River Cree Casino Enjoy a day at the River Cree Casino, which includes coach bus transportation, casino voucher & lunch. The bus leaves MWSA at 11:00 am & departs from River Cree at 3:30 pm. If participants decide to drive themselves, please mention that on the list. Their names will be shared with Casino staff to receive their lunch/casino vouchers at the Casino entrance. Max: 24 on the bus. **Cost: \$10 M/\$15 NM.** Due to the popularity of this outing, no refunds or credits will be issued for cancellations due to any medical/non-medical reasons.

Monday, Nov 24, 1:30 pm Monthly Birthday Party If it is your birthday month, join us for some cake and coffee. The cake is sponsored by Churchill Manor. **Cost: Free for MWSA members celebrating their birthday month/\$5 guests/non-members/Café.**

Tuesday, Nov 25, 3-4 pm MWSA 2ND FLOOR CAFÉ FROZEN MEAL PROGRAM TASTING Chef Daniel is planning to update the menu for our Heat2Eat Frozen meal program. Come and sample the menu, featuring meatloaf, beef stew, herb chicken, and mushroom soup. **Cost: \$3 MWSA members/\$5 non-members. Please pre-register, so we know how much food to prepare.**

Wednesday, Nov 26, 10:30 am-2:30 pm Outing: Enjoy Centre (in St. Albert). Escape the cold and dreariness of November, with a trip to the Enjoy Centre in St. Albert. Visit the Salisbury Greenhouse to add some fresh greenery to your home, there's a café and market for lunch, and some local shops to explore. **Cost: \$20 Members/\$30 non-members. Cost to cover chartered bus transportation only. Bring extra money for lunch, or bring your own lunch. The bus will depart MWSA at 10:30 am and return by 2:30 p.m.**

Thursday, Nov 27, 2-4 pm Holiday Cookie Exchange This is the season for homemade treats. Bring at least 2 dozen cookies (or bars), along with your recipes and an empty cookie tin or container. Festive attire is encouraged! **Cost: \$3 M/\$5 NM. Includes coffee/tea. Please pre-register by Nov 24.**

Friday, Nov 28, 10:00 AM- 12:00 PM EPL E-Learning Resource. Topic: 3D printing! Join us the last Friday of the month to learn more about 3D printing, including ways you can utilize 3D printing for crafting! **This is a free drop-in program. No need to register.**

Thursday, Dec 4, 10:00 AM- 2:00 PM Outing: Butterdome Craft Sale We're heading to the University of Alberta's Butterdome Craft Sale. Shop 225+ craft vendors, supporting local artists, makers and vendors. Bring comfortable walking shoes, bagged lunch (lunch money-there are food vendors on site), and water. Bus to depart MWSA at 10:00 am and return by 2:00 pm. **Cost: \$25 members/\$35 non-members, and includes charter bus transportation, along with admission. Please register by Nov 24.**

Save the date! Thursday, Dec 12, 5-10 pm MWSA ANNUAL CHRISTMAS DINNER. More details to be announced soon. Stay tuned...