

MAY 2022 Monthly Events Calendar

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| 2 Hearing Aid Clinic \$\$ 9:30- 2:30 pm | 3 HAPPY 4 NO REASON SERIES Deadline 2 Register: APR. 29 10- 11:30 (\$ 40 M/ \$50 NM) | 4 | 5 | 6 SPECIAL EVENT: DINNER THEATRE \$\$ 5:30- 9:30 PM Deadline to Register: MAY 2 |
| 9 | 10 | 11 RIVER CREE CASINO \$\$ 11- 3:30 PM | 12 FOOT CARE CLINIC \$ 9- 2 PM | 13 Pres: SENIORS BENEFITS 1:30- 3:00 PM \$\$ |
| 16 Hearing Aid Clinic \$\$ 9:30- 2:30 pm | 17 HAPPY 4 NO REASON SERIES (\$ 40 M/ \$50 NM) | 18 | 19 | 20 |
| 23 | 24 HAPPY 4 NO REASON SERIES (\$ 40 M/ \$50 NM) | 25 | 26 | 27 |
| 30 | 31 HAPPY 4 NO REASON SERIES (\$ 40 M/ \$50 NM) | SPECIAL EVENT: MOTHER'S DAY BRUNCH: SATURDAY, MAY 7 @10:00- 3:00 pm REGISTER AT FRONT DESK. Deadline to Register: MAY 2 | | |

DESCRIPTION OF EVENTS

Monday, May 2 @ 9:30- 2:30 PM & Monday, May 16 @ 9:30- 2:30 pm HEARING AIDS CLINIC One on one session with **Kate Powell** to Hearing Screening, Counselling on hearing loss treatment. Guide about AADL eligibility and how to apply for AADL/Blue Cross benefits. Discuss rehabilitation process and setting correct expectations on hearing aids. Tips on how to clean and maintain hearing aids. Discuss the importance of hearing tests to monitor your health.

Book your 30-minute slot. Cost: \$3 M/\$ 5 NM.

Tuesday, May 3 @ 10:00- 11:30 AM HAPPY 4 NO REASON SERIES OF 8 SESSIONS with Susan Janzen certified Instructor. Visit www.howtobehappier.ca for more details. **Cost: \$40M/\$50 NM. Starting May 3, 17, 24, 31. June 7, 21, 28 & July 5.**

Friday, May 6 @ 5:00- 9:00 PM DINNER THEATRE. "Accidental Road Show" **Book early to save your spot. Cost: \$30 M/\$ 40 NM.** Register at Front Desk.

(Pay in person, online on www.mwsac.ca or over the phone: 780-496-2997)

Saturday, May 7 @ 11:00- 3:00 PM MOTHER'S DAY BRUNCH. Accidental Road Show" **Book early to save your spot. Cost: \$30 M/\$ 40 NM.** Register at Front Desk. (Pay in person, online on www.mwsac.ca or over the phone: 780-496-2997)

Wednesday, May 11 @ 11:00-3:30 PM RIVER CREE CASINO OUTING: Enjoy a day out at the River Cree Casino, which includes coach bus transportation, casino voucher and lunch. Bus to leave MWSA at 11:00 am and departure from River Cree at 3:30 pm. Register Early to save your spot, as this trip is always popular! **Cost: \$10M/\$15 NM.**

Thursday May 12 @ 9:00- 2:00 PM FOOT CARE CLINIC. Licensed nurse from Edmonton Seniors Solution: Basic Foot Care (15-20 minutes): \$30.00, Pedicure (30-40 minutes): \$45.00. Foot & lower leg massage \$10 • Nail care (fingernail trim & file) \$10 • Nail polish application (client's own) \$10 • Heavy Duty Nail Clippers \$25. Book your time slot at the Front Desk. **With Appointments only. ONLY CASH/ CHEQUES ACCEPTED.**

Friday, May 13 @ 1:30-3:00 PM SENIORS BENEFITS PRESENTATION: Pres. By Sheldon Pickering. Gov. programs for seniors' benefits. In depth discussion of CPP (the Canada Pension Plan), OAS (Old Age Security), GIS (Guaranteed Income Supplement). Tips for high- and low-income families to reduce tax or find support. How to structure your retirement pay cheque using these government programs as the foundation. Summary of tax credits and deductions available for retirees. **Cost: \$3 M/\$ 5 NM.**