

August 2022 Monthly Events Calendar				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>STAT HOLIDAY MWSA CLOSED</p>	2	3	4	5
<p>8</p> <p>Hearing Aids Clinic \$\$ 9:30- 2:30 pm</p> <p>PRES: Being Proactive with your health:\$\$ 3:00 – 4:30 pm</p>	<p>9</p> <p>MIX & MINGLE: MARGARITA NIGHT \$\$ 5-7 PM</p>	10	<p>11</p> <p>RIVER CREE CASINO \$\$ 11:00 AM- 3:30 PM</p>	12
<p>15</p> <p>Hearing Aids Clinic \$\$ 9:30- 2:30 pm</p> <p>Foot Care Clinic \$\$ 9- 2 pm</p>	16	17	18	<p>19</p> <p>MWSA VOLUNTEER APPRECIATION EVENT 5:30-9 PM</p> <p>Pres: Financial & Tax Planning \$\$ 10- 12 pm</p>
<p>22</p> <p>Hearing Aids Clinic \$\$ 9:30- 2:30 pm</p>	23	24	25	26
<p>29</p> <p>Hearing Aids Clinic \$\$ 9:30- 2:30 pm</p>	30	31		

DESCRIPTIONS

Monday, Aug 8, 15, 22, 29, 2022 | 9:30 A.M- 2:30 PM HEARING AIDS CLINIC One on one session with Kate Powell to Hearing Screening, Counselling on hearing loss treatment. Guide about AADL eligibility and how to apply for AADL/Blue Cross benefits. Discuss rehabilitation process and setting correct expectations on hearing aids. Tips on how to clean and maintain hearing aids. Discuss the importance of hearing tests to monitor your health. **Book your 30-minute slot. Cost: \$3 M/\$ 5 NM.**

Monday, Aug 8 | 3:00-4:30 PM RESENTATION: BEING PROACTIVE WITH YOUR HEALTH. Learn things you need to know to achieve quality healthcare. Presented by International Medical Graduate Association. **Cost: \$3 M/\$ 5 NM.**

Tuesday Aug 9 | 5-7 PM MIX & MINGLE: MARGARITA NIGHT Enjoy a day out at the River Cree Casino, which includes coach bus transportation, casino voucher and lunch. Bus to leave MWSA at 11:00 am and departure from River Cree at 3:30 pm. Register Early to save your spot, as this trip is always popular! **Cost: \$10M/\$15 NM.**

Thursday, Aug 11 @ 11:00-3:30 PM Outing: RIVER CREE CASINO Enjoy a day out at the River Cree Casino, which includes coach bus transportation, casino voucher and lunch. Bus to leave MWSA at 11:00 am and departure from River Cree at 3:30 pm. Register Early to save your spot, as this trip is always popular! **Cost: \$10M/\$15 NM.**

Monday Aug 15 @ 9:00- 2:00 PM FOOT CARE CLINIC. Licensed nurse from Edmonton Seniors Solution: Basic Foot Care (15-20 minutes): \$30.00, Pedicure (30-40 minutes): \$45.00. Foot & lower leg massage \$10 • Nail care (fingernail trim & file) \$10 • Nail polish application (client's own) \$10 • Heavy Duty Nail Clippers \$25. Book your time slot at the Front Desk. **With Appointments only. ONLY CASH/ CHEQUES ACCEPTED.**

Friday, August 19 @ 10:00 A.M-12:00 PM. Presentation by Sheldon Pickering: Financial and tax planning for/in retirement. General concepts retirees should be keeping in mind to reduce net income utilizing the various account structures, asset allocation and the tax impact of each type of investment, how to reduce risk (longevity, market, inflation, taxation). **Cost: \$3 M/\$ 5 NM.**