

What's new this week at MWSA

Mill Woods Seniors Association

WEEKLY NEWS & UPDATES

[Apr 16-21, 2018]



Government of Alberta Minister of Seniors and Housing, Lori Sigurdson, visits MWSA on Wednesday April 11, 2018; pictured to her left are: Terri Martineau (MWSA President), Sheela Bakshi (MWSA member) and Shalini Waryah (MWSA Volunteer Coordinator).

It's Rummage Sale Weekend! Come one, come all! Or just come to our cafe for breakfast and/or lunch!

What's New & Noteworthy

- **Rummage Sale** is on Saturday April 14 from 10-4 PM & Sunday April 15 from 10-3 PM! There are lots of great bargains and interesting finds!
- [April 2018 Newsletter](#) (hard copies will be available at the Front Desk)

- **Special Events Committee Wanted** (more details in the April 2018 Newsletter). Please come to our meeting on Wed April 18 at 10 AM.
 - [Updated Program Guide](#), as of April 13, 2018.
 - **REMINDER: Mix & Mingle Potluck** is on Thursday April 19! Please RSVP at the Front Desk.
 - **REMINDER: Free Tax Clinic** is also on Thursday April 19 from 5-8 PM. Please RSVP!
 - **REMINDER: Pickleball (9-10:30 AM)** is cancelled Friday April 20, 2018.
 - **REMINDER: Extra Pickleball**, Saturday April 21 from 10-12 Noon
 - [2nd Floor Cafe Lunch Specials](#)- **April 16-21, 2018**. We are open Saturday April 14 & Sunday April 15!
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Upcoming Events at MWSA

Please RSVP for these events! Members and non-members welcome.

Tues Apr 17

4:30-5:30 PM Presentation: Shingles

Thurs Apr 19

5-8 PM Mix & Mingle Potluck

5-8 PM Tax Clinic

Fri Apr 20

10-2 PM Floor Curling Bonspiel (Floor Curlers only)

12:15-1:45 PM EPL Digital Literacy

2-3 PM Presentation: Travel Medical Insurance

Sat Apr 21

10-12 Noon Extra Pickleball

11-12 Noon Presentation: Falls Prevention

For more events, see our April 2018 Extra Events Calendar

News You May Have Missed

- **New Presentation: Fri Apr 27, 9:30-11:00 AM, Internet Safety/Scam Awareness.** Presented by the Consumer Protection department of the Government of Alberta. Learn about topic of Internet and Mobile Safety as well as scams targeted at seniors and in particular any income tax scams. **Cost: No cost for Members/\$2 NM.**
- **[More information](#)** on Suspicious Package found at Mill Woods Transit Centre on April 3, 2018, by Celeste Nicholson (MWSA ED). **If you were there for Pickleball, please read.**
- **[Updated APRIL 2018 EVENTS CALENDAR \(new events added!\)](#)**
- **Urgent! MWSA Bingo Volunteers Wanted!** We are looking for a couple of people to help run our fun bingo program, Mondays from 12:00-2:30 PM. Responsibilities would include: calling numbers, managing prizes, some set up and other related duties. Bingo experience is a bonus, but training will be provided.
- **[Spring Guide Update](#)**, as of March 22, 2018
- If you didn't attend our AGM or just want to learn more about MWSA, here's our **[Annual Report 2018](#)**
- **Scam alert!** If you have a cell phone, please read this article: **<https://globalnews.ca/news/4012633/mysterious-missed-calls-on-cellphones-part-of-world-wide-scam/>**
- **Still accepting! Food Bank Donations Accepted here at MWSA.** We are collecting non-perishable items (canned food, dried foods, jarred goods) on behalf of the Edmonton Food Bank. Bring your food to the MWSA lobby.
- **Help Keep MWSA's Gym Clean!** Please keep our gym floors clean by leaving your outdoor shoes in the coat room and wearing clean shoes in the gym. Thank you for your consideration.
- **MWSA Members Communication Book--** There is a black binder at the Front Desk. Please use it to communicate news about members, i.e if someone is sick, passed away, important life changes, etc...

MWSA Volunteer Positions

- **Ongoing Volunteer Opportunities: Kitchen Cashiers, Kitchen Helpers and Front Desk Staff.** No experience necessary; training provided. Ideal volunteers: friendly, helpful, patient and enjoys learning on the job. Must be able to commit at least once a week, for 3 months.
- **If interested or for more info, please call 780 496 2997. Ask for Volunteer Coordinator.**

Community Events & News

[Edmonton Motorshow](#)

April 12-15, 2018

Edmonton Expo Centre

[Don Giovanni](#)

Edmonton Opera

April 14, 17, 20, 2018

Jubilee Auditorium

[Edmonton International Beerfest](#)

April 13 & 14, 2018

Shaw Conference Centre

Something to Think About: [If you're older than 50, its time to seriously start thinking about exercise.](#)

ON BEHALF OF MWSA,

Karen Lee

Program Coordinator

Mill Woods Seniors Association

201-2610 Hewes Way

Edmonton, AB T6L 0A9

Front Desk: 780 496 2997

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Our mailing address is:

201, 2610 HEWES WAY, EDMONTON, AB T6L 0A9

PHONE: 780 496 2997

WEBSITE: www.mwsac.ca

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