

JUNE 2017 SPECIAL EVENTS CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY SENIORS WEEK! JUNE 5-11, 2017			1 MOVIE: CYBER SENIORS 1-2:30	2 EPL DIGITAL LITERACY 10:30-12NOON	3
5 FREE RESOURCES FOR SENIORS PRESENTATION 10-11 FREE BADMINTON 2:30-4:00	6 OUTING: SENIORS TEA & TOUR AT THE LEGISLATURE 10-2 (\$)	7 WHIST TOURNAMENT 12-2 (\$) OUTING: CRIB TOURNAMENT 1-3:30 FREE PICKELBALL 2:30-4:00	8 (BBQ) LUNCH & LEARN: TED TALKS 11:30-1:30 (\$)	9 FREE LUNCH WITH MLA CHRISTINA GRAY 11:30-12:30 FREE POOL/BILLIARDS 9-4 PM	10 FREE CLASSICAL MUSIC CONCERT 10:30-11:30 COOK & EAT WITH CLIFF: ASIAN RICE BOWL 10-12 (\$)
12 CRAFT: PINCUSHION MUG 1-4 (\$)	13	14	15 FREE ELDER ABUSE AWARENESS PRESENTATION 11-12:30	16 EPL DIGITAL LITERACY 10:30-12NOON FATHER'S DAY DINNER 5-10 (\$)	17
19 GARDENING PRESENTATION (PERENNNIALS) 3-4 (\$)	20 NO EVENING PICKLEBALL	21 STRIKE OUT STROKES PRESENTATION 1-2 (\$)	22	23 TRUTH & RECONCILLIATION WORKSHOP 1030-130 MONTHLY BIRTHDAY PARTY 2-330 (\$)	24 MWSA CLOSED
26	27 NO EVENING PICKLEBALL	28 OUTING: 124ST WALKING TOUR 10-3 (\$)	29 NO EVENING PICKLEBALL	30 LEARN TO BE A BETTER DRIVER PRESENTATION 10-11:30 ROBOT FINANCES PRESENTATION 1-2 (\$)	

PLEASE SIGN UP FOR THESE SPECIAL EVENTS IN ADVANCE.

If you have any additional questions or to RSVP for programs, please call 780 496 2997

JUNE 2017 SPECIAL EVENTS AT MILL WOODS SENIORS ASSOCIATION

Thurs Jun 1, 1-2:30 PM Movie: Cyber Seniors (2014) Celebrate "Intergenerational Day" by watching a humorous and heartwarming documentary about a group of reluctant seniors learning about the wonders of the Internet, with the help of enthusiastic teenagers. **No cost, but please RSVP.**

Fri Jun 2 + 16, 10:30-Noon EPL Digital Literacy Get more out of your digital device (iPad, computer, or phone). Learn about digital literacy, tips and tricks on using email and Facebook with the Edmonton Public Library staff. **Free program. Please RSVP.**

Mon Jun 5, 10-11 AM Presentation: Resources for Seniors Presented by Gov't of AB. Learn about financial programs to help seniors, such as the ASB, SNA, the Dental and Optical Program, the Seniors Blue Cross Coverage, SHARP, and Property Tax Deferral Programs. **Free to attend, but Please RSVP.**

2:30-4 PM Free Drop-in Badminton. First come, first serve. Equipment provided. Please wear clean, non-marking gym shoes. Members only.

Tues Jun 6, 10-2PM Outing: Seniors Tea & Tour at the Legislature Cost includes tea & light refreshments, walking tour of the Alberta Legislature and Edmonton Federal Building, and yellow bus transportation. Bus to leave MWSA at 9:15 AM and return around 2:00 PM. **Cost: \$10M/\$15NM. Please register early, as seats are limited.**

Wed Jun 7, 1-3:30 PM Outing: Crib Tournament Laurel Heights Residence is hosting a Crib Tournament with their residents. Bus will pick up seniors at MWSA at 12:45 PM, and return around 3:30 PM. **Limited seats available. Please RSVP in advance.**

2:30-4 PM Free Pickleball First come, first serve. Equipment provided. Please wear clean, non-marking gym shoes. Members only.

Thurs Jun 8, 11:30-1:30PM Lunch & Learn: Ted Talks Join us for a selection of interesting Ted Talks (inspirational, educational videos 10-20 mins long), which a focus on aging well. Please purchase your lunch (BBQ special) from the café. **Cost: \$4 for lunch special. Please RSVP in advance.**

Fri Jun 9, 11:30-12:30 PM Free Lunch with MLA Gray. Meet your local MLA, while enjoying some (free) lunch from the Cafe.

Must pre-register at the Front Desk by Wed Jun 7, and register again the day of event.

9-4 PM Free Pool/Billiards First come, first serve. Equipment provided. 1.5 hour time limit per table. Members only.

Sat Jun 10, 10:30-11:30 AM Free Classical Music Concert brought to you by Opus 12 Chamber Music. Join us for a morning of beautiful classical music. Event open to everyone.

10-12 Noon Cook & Eat with Cliff: Asian Rice Bowl (with chicken). Learn to make (hands-on event) an Asian rice bowl with rice, veggies and chicken, then stay and have lunch with the group. **Cost: \$15 M, \$20 NM. Please register by Thurs Jun 8, 2017.**

PLEASE SIGN UP FOR THESE SPECIAL EVENTS IN ADVANCE.

If you have any additional questions or to RSVP for programs, please call 780 496 2997

Mon Jun 12, 1-4 PM Craft: Pin Cushion Mug Learn to make a cute pincushion mug to help keep your pins organized. Easy craft; no sewing experience required. Cost includes instruction and all supplies. **Cost: \$5 M \$7 NM. Please pre-register at the Front Desk.**

Thurs Jun 15, 11-2:30 PM Elder Abuse Awareness Presentation Presented by "Empowering Seniors to Create Safer Communities." June 15 is Elder Abuse Awareness Day. Learn how to recognize the warning signs and risks of elder abuse, along with how to respond safely and supportively if you know someone who is being abused.

Fri Jun 16, 5-10 PM Father's Day Dinner Join us for dinner, live entertainment & 50/50 raffle, and more. **Tickets: \$20**

Mon Jun 19, 3-4 PM Presentation: Gardening with Perennials Presented by the Edmonton Horticultural Society. Learn all about growing perennials. **Cost: \$2 M/\$3 NM**

Wed Jun 21, 1-2 PM Presentation: Stroke Presentation Presented by AHS. Learn about strokes, how to recognize signs, how to react and how to reduce risk. **Cost: \$2 M/\$3 NM**

Fri Jun 23, 10:30 AM-1:30 PM Truth & Reconciliation Workshop Learn about the impact of Canadian residential schools on Indigenous people and the impact in today's society. Aboriginal Elder Mah'kos Merrie will be leading the session. He'll be telling stories and answering your questions. Refreshments provided. **No cost to attend, but please RSVP in advance.**

2-3:30 PM Monthly Birthday Party! If you are a member and it's your birthday this month, join us for cake & coffee. **Cost: Free for members with birthdays. \$2 NM/non-birthday.**

Wed Jun 28, 10-3PM Outing: 124 St Walking Tour 124 Street is known for its unique shops, art galleries, and dessert cafes. Yellow bus to leave MWSA at 10 AM, return at 3 PM. Please wear comfortable walking shoes, sunscreen, water bottle, and lunch money. **Cost: \$10M/\$15NM. Please RSVP.**

Fri Jun 30, 10-11:30 AM Presentation: Learn to be a Better Driver Presented by an award-winning cab driver/instructor. **Cost: \$2M/\$3 NM. Please RSVP**

1-2 PM Presentation: Robot Finances Presented by Wei Woo. Learn about the pros and cons of artificial intelligence investment managers—better known as "robo-advisors" as a new way of managing your money that's beginning to disrupt the traditional investment world. **Cost: \$2M/\$3 NM. Please RSVP**

PLEASE SIGN UP FOR THESE SPECIAL EVENTS IN ADVANCE.

If you have any additional questions or to RSVP for programs, please call 780 496 2997